

Health & Physical Education (K-12) Community Colleges of NC

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title	Course Offerings
B	Individual, Community, & Global Health Issues	HEA 120	Community Health	
C	Human Biology, Anatomy, & Reproductive Health	BIO 163	Basic Anatomy and Physiology	
		BIO 165	Anatomy and Physiology 1	
		BIO 166	Anatomy and Physiology 11	
		BIO 168	Anatomy and Physiology 1	
		BIO 169	Anatomy and Physiology 1	
F	Healthy Behavior, Fitness, & Obesity Prevention	HEA 110	Personal Health and Wellness	
		PED 110	Fit and Well for Life	
		EDU 158	Healthy Lifestyles-Youth	

Posted: 11/5/14

Revised: Fall 2014

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand

e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, www.nccommunitycolleges.edu .